
WE EACH CREATE OUR OWN LIFE

Back in the late 1980's when I realized that I was "sick and tired of being sick and tired", I was fortunate enough to be given an audio tape program entitled "Lead the Field" by Earl Nightingale. Those tapes set me on a journey of personal development that continues today and has served me well. I would not have the business I have today and the life that I have today if not for the awareness that came from those tapes. The biggest lesson I learned back then: we each create our own life. For many of you, that may sound obvious and well known - but I'll bet there are a few of you reading this that do not see the truth in that statement. Back in those days, I believed life was "happening" to me. I did not distinguish between what was within my control and what was not - I believed I had no influence on the situation that I only had the ability to deal with whatever life handed me. I learned that was not the case. I lived in a trailer park, ate macaroni and drove a Yugo because my actions up to that point created that life for me. I created it. It didn't "happen" to me. I wasn't the victim of circumstance; I created my situation by my actions over the previous months and years. I was reaping what I had sowed. When I really came to understand that I was creating my own life, things started to change. I started to make different decisions and look at my life differently. If this was not the life I wanted, then exactly what kind of life did I want? Where did I want to live? What kind of house? What kind of car? Did I want to travel? What did I want to accomplish? What kind of legacy did I want to leave? Once I started working at how the end result would be - my life as I wanted it to be - then I looked at how I would get from one point to the other. What actions did I need to take every day to bring me one step closer to my goals and dreams for my life. One of the hardest realizations was that small actions taken every day DO add up to your life. For example: if I eat a candy bar instead of an apple today (this is an example from Jim Rohn's CD entitled "The Power of Ambition") I won't die tonight, but if I do it every day over 20 years - you get the picture. Small actions taken every day add up to your life. What actions are you taking every day? Are they leading you toward your goals and dreams or away from them? Have you taken the time to pinpoint exactly what your goals and dreams are? You can't hit a target if you don't know what the target is! Stop making excuses about how you are a victim of circumstance - you deserve better than that. Sit down and design your life on paper - and then get working toward your goals and dreams. Day by day, action by action. Staying the course is hard, but know that what you do consistently toward your goals and dreams will produce results. What you sow, you shall reap. We each create our own life - what kind of life are you creating?

The last five books that I read:

1. "The Power of Having Desire - the key secret to accomplishing anything you really want." by Bruce Garrabrandt

2. "Ten Things I Learned from Bill Porter" by Shelly Brady
3. "138 Quick Ideas to Get More Clients" by Howard L. Shenson/Jerry R. Wilson
4. "The Fred Factor" by Mark Sanborn
5. "Attitude is Everything for Success" by Keith D. Harrell

LEARN TO EARN MORE. GREAT LEADERS ARE GREAT READERS.

What are you reading today?

Here's the rule at my house: if you don't vote, you can't complain later about who won! A radio station came up with a survey that compares 11 of your answers and their importance to you, to a list of the candidates and their positions. Try it! I was surprised by which candidate matched my positions the closest -- it was not the one I was supporting! Here is the link: (if you can't get it to work - go to the main site and work back to the survey:

www.wqad.com) <http://www.wqad.com/Global/link.asp?L=259460>

Product Update: the 6" brochure holders are currently out of stock and I am unsure when I will have another supply. The company that produced them for me has stopped making them and I have not found another vendor. The closest product they make is too similar to a product currently offered by Town & Country on www.youravon.com under AVON ADVANTAGE, so it would not make sense for me to carry such a similar item. I will continue to search for the inexpensive 6" plastic brochure holders, but currently it doesn't look like I'll have any anytime soon. Very sorry!

I'm proud to announce that I've been named by the Avon Foundation to be the captain of TEAM AVON for the Boston Avon 2-Day Walk for Breast Cancer! Our team will consist of both Representatives and Employees. As captain I am hoping to keep us focused on the three priorities: 1) Fundraising for the Avon Foundation, 2) Using our participation in the 2-Day Walk as a vehicle to generate publicity for our businesses and 3) The personal challenge of stretching ourselves to walk as far as we can. I hope if you are an Avon Representative or Employee, you'll consider participating in the Boston Walk this year. The dates are May 17 & 18, 2008. When you sign up for the walk at www.avonwalk.com, choose the option to join a team and choose TEAM AVON from the list.

It will prompt you for our password to join - enter AVON1 and you'll be a member of our team! We are hoping to get a big group of Avon folks on board so that we can raise a ton of money for our favorite cause while also generating a lot of publicity for our individual businesses! Please pass this information on to any Avon Representatives or Employees that live in the New England area.

Coloring Pages to use for your next coloring contest: (THANK YOU for the link Deby Sorenson!)

<http://images.google.com/images?sourceid=navclient&ie=UTF->

[8&rlz=1T4ADBF_enUS24](#)

Featured Product: STAR PAPER PUNCH. Use this paper punch to add a little something extra to the things you send your downline team members to show them how special they are. Punch the corners of the award certificate you make for them, punch that post card before you send it, add a star punch to that personal note you wrote to your star performer. You can also punch the corner of your business card so it will be easier to attach to a gift basket when you are donating one for an auction or fundraiser - just use a ribbon to tie from the star punch hole to the ribbon on the top of the basket. At only \$3.99 each, they also make a great small gift for new leaders on your team so that you can show them how to add special touches to their team correspondence. To order, go to www.winnerinyou.com click on PURCHASE PRODUCTS and then on PAPER PUNCHES.

Hope your New Year is starting off great and hope to see you soon!

Lisa Wilber
www.winnerinyou.com
1-800-258-1815

Start the year off right. Easy ways to stay in shape.
<http://body.aol.com/fitness/winter-exercise?NCID=aolcmp0030000002489>

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- 2) Manually send us a blank email message to:
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3) Visit our web site at <http://www.winnerinyou.com>, enter your email address in the blue box which appears on our home page, click on the option "remove me", and submit your request.

Removal of your email address from this mailing list occurs by an automated process and should be complete within five minutes of receipt of your request.

Lisa Wilber
Owner, www.winnerinyou.com
The Winner In You
733 S Stark Hwy.
Weare, NH 03281
1-800-258-1815

