

Ideas You Can Use - July 10, 2006

Give Yourself A Star

Little things that you do for yourself to recognize your progress can go a long way to keeping you energized as you work toward your goals and dreams. I just returned from my workout at the local Curves and celebrated by putting a tiny silver star that I purchased at the office supply store in my calendar under today's date. I'm the only one that sees the star, but it sure does make me feel good when I look back at the week and have my three stars for the three recommended workouts for that week. I also made a deal with myself that if I didn't do the entire circuit of machines AND the stretching at the end, no star -- so the star keeps me on track. (I was notorious for saying I didn't have time for the stretching at the end) How many ways can you find to reward your activities that lead to the fulfillment of your goals? Here is a business related example:

* When you reach your goal of hanging three posters on bulletin boards in your area in a week, you will reward yourself with a smiley sticker on your planning chart. When you have successfully gotten 4 smiley stickers in a row (one month of 3 posters per week) you'll treat yourself to a movie.

Doesn't seem like much, but seeing that little extra "reward" can make a lot of difference when you need to do basic action steps day in and day out, week in and week out, month in and month out. Treat yourself like the star you are!

NAFE -- National Association of Female Executives.
Great resources, networking events.

Do you miss Avon's National Conventions? Pam Heller, Avon Senior Executive Unit Leader from South Carolina, has started a write in campaign to encourage Avon to bring back the conventions we loved! Download this letter:

http://home.comcast.net/~avon_md/avonconventionrequest/conventionrequest12.pdf
and mail it to Joe Billone (address on the letter). She is hoping to get 20,000 of these letters sent snail mail on Joe's desk and really show them that we truly want the conventions back. Make copies of the letter for your Avon friends and downline members and help Pam spread the word!

Upcoming Seminars with Lisa Wilber

Dallas, Texas -- August 19th -- tickets go on sale this week -- watch for announcement!

Anaheim, California - September 27th - tickets go on sale this week - Watch for announcement!

Phoenix, Arizona -- October 16th -- tickets available soon!

All seminar tickets are available on a first come, first served basis -- so if you want to attend, be sure and purchase tickets as soon as you see the announcement to avoid being disappointed. Announcements will be made via this e-mail list and also listed on www.winnerinyou.com.

Welcome to Baudville! - Putting Applause on Paper - Certificates, Awards <---- they have beautiful coordinated award papers, embossers, seals and ribbons to make your awards look fabulous and professional. I've used them to make awards for my success line team for years!

Product in the Spotlight: Money Sign Magnetic Blinkie. Available at www.winnerinyou.com click on PURCHASE PRODUCTS and then on BUTTONS & BLINKIES and then on \$ Sign BLINKIE. I wear one of these on my lapel with a \$10 bill and when someone asks me about it, I say "Because it's only \$10 to start an Avon business of your own!" You can also use this for other companies -- perhaps your company has a hostess special that the hostess only pays \$20 to get an extra special product when she has a \$400 show -- you can wear the \$20 bill and the blinkie and tell about the special when asked. Money Sign Magnetic Blinkies are only \$2.50 each and can also be worn as earrings (you'd need to buy 2 for that). Make great downline gifts to increase recruiting.

Have a great week you super star you!

Lisa Wilber <---- proud Mommy of Lydia Mae
www.winnerinyou.com